

# Valor®



## Product Summary

Valor is an empowering blend of spruce, rosewood, blue tansy, and frankincense Young Living Therapeutic Grade™ essential oils. Designed to increase feelings of strength and courage, this popular blend is also now available in the convenience of a portable roll-on applicator.

## Product Story

Physical and spiritual alignment is essential to overall health and well-being. Young Living's Valor essential oil blend empowers the mind and increases self confidence. Combining the balancing properties of spruce, rosewood, blue tansy, and frankincense essential oils, this blend aids in visualizing and attaining self empowerment. Valor can help you reach your fullest potential, whether used as a fragrance, in the Raindrop Technique®, or for tension relief. Also try the Valor Essential Oil Roll-On to boost your self-confidence wherever you go.

## Key Ingredients

Spruce helps to open and release emotional blocks, bringing about a feeling of balance and grounding. Rosewood has a balancing effect on emotions and may help to uplift feelings of despair. Rosewood also helps to create synergy with the other essential oils. Blue Tansy helps aid liver function and calm the lymphatic system, helping one to overcome anger and negative emotions and promote a feeling of self-control. Frankincense contains sesquiterpenes which

enable it to go beyond the blood-brain barrier. There frankincense helps elevate the mind and overcome feelings of sadness and despair. The fragrance of frankincense also increases spiritual awareness and enhances meditation.

## Primary Benefits

- + Valor essential oil blend helps promote feelings of courage, confidence, and self-esteem.
- + Valor has been found to help the body self-correct its balance and alignment.
- + Rosewood essential oil creates a soothing and comforting floral scent.
- + Frankincense essential oil increases the activity of leukocytes, which help boost the body's defenses.

## How To Use

- Apply generously to feet, wrists, or back of the neck. Valor can be worn as a fragrance.
- If using for the Raindrop Technique, apply Valor first and let it work for five to ten minutes before applying oil.

## Did You Know?

- + Rosewood oil has been researched at Weber State University for its inhibition rate against bacterial growth.
- + Frankincense essential oil is considered holy anointing oil in the Middle East and has been

# Valor

used in religious ceremonies for thousands of years. It is used in European medicine to combat moodiness.

+ There are at least fifty-two references to frankincense in the Bible.

## **What Makes This Product Unique?**

Valor Essential Oil Roll-On offers the benefits of therapeutic-grade essential oils in a new application. The roll-on applicator provides a convenient, no-mess application for your favorite essential oils.

## **Caution**

Keep out of reach of children. If you are pregnant, nursing, taking medication, or have a medical condition, consult a healthcare practitioner prior to use. Keep away from eyes and mucus membranes; avoid using on or near sensitive skin.

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